

# 12 Fashion Resolutions for the New Year

One for each month

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- January:**  
Set a shopping limit: Plan the number of items to buy this year.

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- February:**  
Create a clothing budget: Determine how much you're willing to spend on fashion in 2025.

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- March:**  
Reflect on impulse buys: Analyze last year's spontaneous purchases—would you repeat them?

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- April:**  
Audit your wardrobe: Review what you have to appreciate your wardrobe and spot gaps.

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- May:**  
Count your clothes: Track the total number of items you own to gain perspective.

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- June:**  
Pause before purchasing: Always ask yourself, "Do I really need this?" and prioritize quality over quantity.

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- July:**  
Declutter your inbox: Unsubscribe from unnecessary fashion newsletters to reduce the temptation to overbuy.

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- August:**  
Style your clothes: Experiment with new combinations and styles using the clothes you already own.

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- September:**  
Define shopping intentions: think of how you want to feel when buying new clothes and use it as your buying compass.

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- October:**  
Focus on your values: Write down your top values and ensure your purchases reflect them.

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- November:**  
Learn about labels: Educate yourself about third-party certifications like OEKO-TEX® MADE IN GREEN.

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- December:**  
Opt for preloved fashion: Make second-hand purchases your go-to for new wardrobe additions.

